Quest Food .anagement

Page 20

Recipe Sizing Report

Nov 24, 2014

002069 - sandwich-turkey pulled bbq::nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt: 2 oz	
Number of Portions: 50	Grains: 2 oz	
Size of Portion: serving	Fruit:	
•	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions
903257 turkey thigh cook in bag gfs 581810 903576 bread-alpha hamburger white wheat 51535 902766 sauce barbeque gfs 734136	150 (1 oz = 1m/ma) 50 each 6 lbs + 4 ozs	follow cooking instructions on turkey- take out of bag after cooked, tossed in sauce serving is 2oz cooked turkey with bbq sauce

*Nutrients are based upon 1 Portion Size (serving)

realisms are based upon 11 orden size (serving)								
Calories	346 kcal	Cholesterol	56 mg	Sugars	*3.4* g	Calcium	30.00 mg	18.68% Calories from Total Fat
Total Fat	7.19 g	Sodium	1378 mg	Protein	20.49 g	Iron	2.25 mg	4.73% Calories from Saturated Fat
Saturated Fat	1.82 g	Carbohydrates	49.27 g	Vitamin A	472.5 IU	Water ¹	*0.00* g	0.00% Calories from Trans Fat
Trans Fat²	0.00 g	Dietary Fiber	2.65 g	Vitamin C	0.0 mg	Ash ¹	*0.00* g	56.88% Calories from Carbohydrates
								23.65% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

⁻denotes combined nutrient totals with either missing or incomplete nutrient data

⁻ denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.



581810 Gordon Food Service Petite Skinless Turkey Thigh Roast (Cook-In-Bag)

FEATURES

- 1. Whole Muscle Thigh Meat
- 2. Boneless
- 3. Cook-In-Bag
- 4. No Starches or Binders Added
- 5. Skinless Product

BENEFITS

- 1. Real Turkey Thighs Premium Quality & Texture
- 2. Easy to Carve by hand or slicer for portioning
- 3. Bastes product while cooking and browns in the bag
- 4. True Thanksgiving Flavor
- 5. No Added Fat

INGREDIENTS/DESCRIPTION

Petite Turkey Thigh Roast with up to 15% of a Flavoring Solution of Turkey Broth. Contains Less than 2% of Salt, Sugar, Hydrolyzed Soy Protein, Sodium and Potassium Phosphate and Natural Flavorings.

PHYSICAL PARAMETERS

Code Number:

40923

14 digit UPC #

90758878409236

Product Weight:

4 - 4.5 lbs.

Units Per Case:

4

Case Net Weight:

17 lbs.

Package Tare:

.015 lbs.

Case Tare:

.80 lbs.

Case Dimensions (in.)

L = 17.813W = 10.938

H = 4.875

Case Cube:

.55 cu. Ft.

Tie/High:

9 X 10

Shelf Life:

365 days*

Nutritional Facts Serving Size 4 oz. Servings Per Cont	,	ed
Amount Per Serv	ing	
Calories 140		Calories from Fat 60
		% Daily Value*
Total Fat 7g		11%
Saturated Fat 2	a	10%
Trans Fat 0g	•	
Cholesterol 75mg	1	25%
Sodium 540mg	22%	
Total Carbohydra	0%	
Daily Fiber 0g		3,0
Sugars 1g		
1 -		
Protein 19g		
Vitamin A 00/	* \ /itamain	0.00/
Vitamin A 0%	* Vitamin	
Calcium 0%	* Iron	6%
*Percentage Daily Values	are based on 2	,000 calorie diet

^{*}Julian Code = YYDDD

Handling Instructions:

Maintain product at frozen temperature, 0° f or below. Cook product

with within 5 days of thawing.

Establishment:

P-20935